



# Packing List

**Packing**—no matter where you are serving, you will never need everything you take with you!!

- Pack light
- Leave the non-essentials at home.
- Dress appropriately—remember “modest” is defined by the culture and/or situation in which you are serving, not by YOU!!



## Clothing

- \_\_\_ underwear
- \_\_\_ socks
- \_\_\_ sleepwear
- \_\_\_ t-shirts and casual shirts
- \_\_\_ dress shirts
- \_\_\_ jeans / pants
- \_\_\_ dresses /skirts
- \_\_\_ swimwear /cover-up
- \_\_\_ jacket / rainwear
- \_\_\_ hat /scarf
- \_\_\_ leisure shoes
- \_\_\_ hiking or tennis shoes
- \_\_\_ dress shoes
- \_\_\_ sandals / flip-flops
- \_\_\_ belts / accessories

## Toiletries

- \_\_\_ glasses / contacts / solution
- \_\_\_ toothbrush / toothpaste
- \_\_\_ bath soap / shampoo
- \_\_\_ brush / comb
- \_\_\_ deodorant
- \_\_\_ shaving supplies
- \_\_\_ hairstyling needs
- \_\_\_ tissues
- \_\_\_ shower shoes

## Medical

- \_\_\_ pain relievers/GI medications
- \_\_\_ prescription meds/vitamins
- \_\_\_ hand sanitizer
- \_\_\_ band-aids
- \_\_\_ first aid cream
- \_\_\_ insect repellent
- \_\_\_ sunscreen
- \_\_\_ health / travel info

## Miscellaneous

- \_\_\_ Bible (not just your phone)
- \_\_\_ Journal / pen
- \_\_\_ cash / credit card
- \_\_\_ driver's License / Passport
- \_\_\_ SMN contact info
- \_\_\_ laundry kit and bag
- \_\_\_ electronic chargers
- \_\_\_ travel pillow
- \_\_\_ earbuds
- \_\_\_ water bottle
- \_\_\_ camera
- \_\_\_ sunglasses
- \_\_\_ glasses / contacts
- \_\_\_ collapsible totes

## International

- \_\_\_ under-clothing doc holder
- \_\_\_ voltage adapter
- \_\_\_ copies of passports/docs

**The plans of the diligent lead surely to abundance,  
but everyone who is hasty comes only to poverty.**

**Proverbs 21:5**



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